Quick Guide to Daily Wellness Survey Notifications
Updated Sept. 24, 2021

Positive Test Results
Notification: Advised to Stay Home
- Vaccination Status: Fully Vaccinated & Not Fully Vaccinated
- Isolation Period: Minimum Isolation period is 10 days
- Return to Learn/Work: Required to provide a return to work note from their health care provider.
- Early Return: Early return is not permitted. Individuals who test positive are required to isolate for the full ten (10) days. Per CDPH, RivCoDPH, and Cal/OSHA ETS, even if a health care provider provides a return to work note. Diagnosis is not required on the return to work note.

Symptomatic
Notification: Advised to Stay Home
- Vaccination Status: Fully Vaccinated & Not Fully Vaccinated
- Isolation Period: Minimum isolation period is 10 days
- Return to Learn/Work: At least 24 hours have passed since a fever of 100.4 or higher has resolved without the use of fever-reducing medications, symptoms have improved, and at least 10 days have passed since symptoms first appeared.
- Early Return: Early return is permitted provided a health care provider provides a return to work note. Note: Diagnosis is not required on the return to work note.

Exposure
Notification: Cleared to work/learn
- Vaccination Status: Fully Vaccinated
- Quarantine Period: Not required, permitted the individual remains asymptomatic.
- Testing: PCR test required on day 5 or later after last date of exposure
- Return to Learn/Work: May return after quarantine has ended, provided the individual remained asymptomatic and received a negative PCR test.
- Early Return: Early return is not permitted.

Travel
Notification: Cleared to work/learn
- Vaccination Status: Fully Vaccinated
- Quarantine Period: Not required, permitted the individual remains asymptomatic.
- Testing: PCR test required on day 5 or later after last date of exposure
- Return to Learn/Work: Early return is not permitted.

What is the difference between isolation and quarantine?
Isolation: Separates those infected with a contagious disease (e.g. COVID-19, influenza, RSV, etc.) from people who are not infected. Per the Riverside County Department of Public Health, individuals who are symptomatic, even one symptom that is outside their baseline, should be isolated in a separate room (alone).

Quarantine: Restricts the movements of persons who were exposed to a contagious disease in case they become infected. Per the Riverside County Department of Public Health, individuals may quarantine in their residence. (If on campus, these individuals do not need to be moved to an isolation space).

Questions? Contact the COVID-19 Management Resource Center