UC RIVERSIDE
Environmental Health & Safety

AUTOMATED EXTERNAL DEFIBRILLATOR (AED) AND STOP THE BLEED PROGRAMS NOTIFICATION 2025

INTRODUCTION

UC Riverside is committed to enhancing life-saving emergency preparedness across campus. This announcement provides critical information about the availability of Automated External Defibrillators (AEDs) and the launch of the new Stop the Bleed program to empower our campus community in responding to serious medical emergencies.

AED AVAILABILITY AND TRAINING

Although the operation of AEDs does not require specialized training, the campus strongly encourages everyone to participate in AED and CPR training. Training opportunities are available through the following:

1. **American Red Cross**
2. **American Heart Association**
3. **UCR Student Recreation Center**

For detailed information on the exact locations of AED units and the types of units available, please visit our dedicated AED webpage: https://ehs.ucr.edu/occupational-health/aed . This webpage also includes additional resources and instructions on how to effectively use an AED during health emergencies.

HOW TO USE AN AED: STEP-BY-STEP INSTRUCTIONS

Follow these steps to use an AED effectively:

1. **Ensure Safety:** Before approaching the individual, make sure the environment is safe for both you and the victim.

2. **Call for Help:** Immediately call 911 or instruct someone else to do so. Clearly state that there is a cardiac emergency.

3. **Power On the AED:** Locate the nearest AED unit. Open the case and turn on the AED by pressing the power button.

4. **Prepare the Patient:** If the patient is wet, quickly dry their chest. Remove any clothing or jewelry from the chest area. Ensure the chest is bare.

5. **Attach Pads:** Peel the backing from the adhesive pads. Attach one pad to the upper right chest and the other to the lower left side below the heart.

6. **Analyze Heart Rhythm:** Stand clear and allow the AED to analyze the patient's heart rhythm. Ensure no one is touching the patient during this process.

7. **Deliver Shock if Advised:** If the AED determines a shock is needed, it will prompt you to press the shock button. Ensure everyone is standing clear of the patient and shout "Clear!" before pressing the button.

8. **Perform CPR After Shock:** Immediately begin CPR after the shock is delivered, following the rhythm advised by the AED or perform 30 compressions and 2 breaths until medical professionals arrive or the patient shows signs of recovery.

9. **Continue to Follow AED Instructions:** The AED may advise additional shocks. Continue to follow its prompts until emergency services take over.

For a quick reference on these steps, please view our AED/CPR Quick Reference Poster at
https://ehs.ucr.edu/document/aedcpr-quick-reference-poster

NEW - STOP THE BLEED PROGRAM LAUNCH – TRAINING COMING UP SUMMER 2025

What is Stop the Bleed?
Stop the Bleed is a national emergency preparedness campaign that trains bystanders to stop severe bleeding during trauma events. At UCR, this program enhances campus safety alongside our AED initiative.

Who is Required to Comply?
In accordance with California Assembly Bill 2260, the Stop the Bleed program is required for all newly constructed or significantly renovated campus buildings that serve 200+ occupants, including educational, assembly, business, or factory-use buildings. Existing buildings undergoing renovations over $100,000 may also require compliance.

How the Program Will Work at UCR
- Stop the Bleed kits will be installed in designated high-occupancy buildings—typically near existing AED stations.
- Kits will include tourniquets, gauze, gloves, scissors, and bleeding control instructions.
- Training workshops will be available to faculty, staff, and students beginning Summer 2024.
- EH&S will maintain oversight, replenishment, and compliance tracking.

Learn more: https://ehs.ucr.edu/occupational-health/stop-bleed-program

CONTACT INFORMATION
For questions or additional information about AEDs, Stop the Bleed kits, or upcoming training opportunities, please contact us at **ehsocchealth@ucr.edu**
Let's work together to make UCR a safer, more prepared campus.
Every second counts. Every action matters.