

AVOIDING SLIPS, TRIPS, & FALLS

WATCH OUT!

- Pay attention to where you are walking.
- Don't text or watch videos while walking.
- **Slow Down**



WHY?

- Costs employers 70 billion dollars annually
- 25,000 people suffer a slip, trip, or fall injury every day.
- These injuries make up 20% of all workplace injuries.



CLEAN & CLEAR

- Clean up spills and debris immediately
- Mark areas that are wet or uneven
- Report flooring that is damaged



GOOD START

- Wear appropriate shoes - Save your sandals for the beach
- Plan your route to avoid known hazards
- Give yourself extra time to avoid rushing



STEP UP

- When needed use a ladder or stepstools to reach things off upper shelves
- **Never** stand on desks, tables, or chairs
- Ask for help



BE BRIGHT

- Use a flashlight if walking at night or in low light areas
- Report all lights, inside and outside of buildings, that are not working



WATCH OUT FOR YOU AND YOUR FRIENDS

QUESTIONS?
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